

Treasures of the oceans and inland waters, ensuring food security and nourishing nations

GAINING AND SHARING KNOWLEDGE IN THE DECADE OF ACTION ON NUTRITION

FROM HEALTHY WATERS TO HEALTHY PEOPLE



FAO/Alexander Sasu

MONDAY 14 OCTOBER 2019

Red Room • FAO Headquarters, Rome

18:00-19:30 CET

Refreshments will be served
before the event at the 'Arbre de la vie'

Fish, and other aquatic foods, are a crucial source of food security as well as a vital component of many dietary patterns and guidelines. Low intake of seafood-derived omega-3 fatty acids is now a recognized marker of poor quality diets which are a key risk factor for the growing burden of non-communicable diseases. Though there is growing recognition of their special role in nutrition and health, it is essential to consider the place of fish and aquatic foods in our diets through a sustainability lens in light of our finite marine resources. The CFS recommendations reinforce this by highlighting the need for a holistic view in work towards food security, nutrition and sustainable fisheries and aquaculture.

During the Decade of Action on Nutrition, the Global Action Network on Food from the Ocean and Inland Waters for Food Security and Nutrition (GAN) seeks to highlight the important role of aquatic foods in achieving food security and nutrition. By bringing together people working on all aspects of the food chain "from healthy waters to healthy people" it is hoped to help break down siloes and nurture collaboration towards achieving the Sustainable Development Goal targets.

In addition to a short intro about Networking in the Decade of Action on Nutrition, the side event will discuss important issues such as sufficient, efficient and sustainable use of marine resources and their important role in nourishing nations.

UNSCN Secretariat
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**Global Action Network on Sustainable Food from the Oceans
and Inland Waters for Food Security and Nutrition**

foodfromtheocean@nfd.dep.no • <https://nettsteder.regjeringen.no/foodfromtheocean/>

THIS EVENT IS ORGANIZED BY:

the Global Action Network - Sustainable Food from the Oceans and Inland Waters for Food Security and Nutrition; Norway; Finland; Ireland; Institute of Marine Research (Ireland); Institute of Marine Research (Norway); WorldFish (CGIAR); UNSCN; UNOHCHR; FAO; WorldBank Youth2Youth; JPI Oceans; The Nordic Food Policy Lab; International Collective in Support of Fish Workers (ICSF).



17:40 Refreshments at the **Abre de la vie**

18:00 Opening

- **Introduction** by Livar Frøyland, *Norwegian Institute of Marine Research*
- **Welcome** by Dag-Inge Ulstein, *Norwegian Minister of International Development*

18:11 **Thematic part** by Moderator **Stineke Oenema**, *UNSCN*

Networking in the Decade of Action on Nutrition

- **The Global Action Network on Food From the Oceans and Inland Waters for Food Security and Nutrition**
by Anita Utheim Iversen, *Norwegian Ministry of Trade, Industry and Fisheries*
- **The Human Rights-based Approach in Practice for Small-scale Fisheries and Food Security**
by Manas Roshan, *International Planning Committee on Food Sovereignty (IPC), OHCHR, FAO*

Fish for whom? Sufficient and sustainable

- **Feed or food** by Martin Scholten, *Wageningen University & Research*
- **Small scale fisheries and food security** by Naseegh Jaffer, *World Forum of Fisher People (WFFP)*
- **FAO web guidance on reduction of Food Loss and Waste in Fish Value Chains** by John Ryder, *FAO*

18:35 **Q/A debate**

18:45 Balanced harvest

- **Balanced Harvest: Opportunities and Challenges for Access to and Utilization of Mesopelagic Biomass**
by Paul Connolly, *Institute of Marine Research, Ireland*
- **Tasty sustainable healthy aquatic foods** by Paul Newnham, *SDG2 – Advocacy Hub*

Nourishing nations

- **The importance of analytical values in food composition tables** by Matilda Steiner-Asiedu, *University of Ghana*
- **Integration of fish in food systems – examples from Bangladesh** by Shakuntala Haraksingh Thilsted, *WorldFish (CGIAR)*

19:10 **Q/A debate**

19:25 **Conclusions** by Moderator **Stineke Oenema**, *UNSCN*

Closing remarks by **Livar Frøyland**, *Norwegian Institute of Marine Research*

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