

Please join us at a Nutrition for Growth side event

# DEMYSTIFYING THE NUTRITIONAL POWER OF AQUATIC FOODS

Wednesday 26 March  
3-4:30pm CET  
Online

Register for the virtual event  
[bit.ly/N4Gaquaticfoods](https://bit.ly/N4Gaquaticfoods)



The event will feature a keynote from World Food Prize recipient Shakuntala Thilsted and a panel discussion of experts including blue food producers, government, and nutritionists. They will highlight how diverse aquatic foods can address malnutrition and its impacts like stunting while supporting sustainable and equitable food systems, highlighting aquatic food's scalable role as a key source of essential nutrients.

## Programme

### Welcome/Introduction

- [Nichola Dyer](#), Aquatic Blue Food Coalition/Global Seaweed Coalition, Moderator
- [Marianne Sivertsen Næss](#), Minister of Fisheries and Ocean Policy, Norway, Global Action Network
- [Kate Bonzon](#), Aquatic Blue Food Coalition / Environmental Defense Fund

### Keynote Presentation

Overview of the nutritional benefits of aquatic foods with a focus on addressing iodine and omega-3 deficiencies.

- [Shakuntala Thilsted](#), Director for Nutrition, Health and Food Security Impact Area Platform, CGIAR, 2021 World Food Prize Recipient

### **Panel Discussion**

Experts from the fields of nutrition, sustainable fisheries and aquaculture, and food policy will highlight examples of how blue foods support health and nutrition objectives and discuss how they can be integrated into food system initiatives. In particular, they will explore approaches to building resilience in health and nutrition policies, action plans, and other initiatives through blue foods.

- [Manuel Barange](#), Food and Agriculture Organization of the United Nations – *Policy*
- [Proscovia Alando](#), Founder, Samaky Hub, Kenya – *Youth*
- [Wanjiku Gichohi](#), Senior Scientist and Impact area lead-Nutrition and Public Health – *Science*
- Diaba Diop, President, Network of Women in Artisanal Fisheries (REFEPAS), Senegal – *Small-scale fisher/producer*
- TBC Representative, Ministry of National Development Planning, Indonesia – *Government*

### **Moderated Discussion**

- [Nichola Dyer](#), Aquatic Blue Food Coalition/Global Seaweed Coalition, Moderator

### **Q&A**

Engage with attendees to identify opportunities for scaling aquatic foods in diverse contexts.

### **Closing Remarks**

- [Dr. Andreas Schaumayer](#), BMZ Germany