



# THE CASE FOR AQUATIC BLUE FOOD IN ACHIEVING SDG 2 (ZERO HUNGER)

## Reducing hunger and improving nutrition outcomes

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Dr Kendra Byrd is a Senior Research Fellow of Food Systems and Nutrition at the Food and Markets Department of the UK-based Natural Resources Institute. From 2018-2021 she was a nutrition scientist at WorldFish/CGIAR. Key research areas include aquatic food systems, healthy sustainable diets, micronutrient deficiencies, food security, and the intersection of climate change and health. She has conducted on-the-ground fieldwork in a wide range of countries, including Uganda, Kenya, Zambia, Nigeria, Bangladesh, and Timor-Leste. Her analyses and publications span from local, to transnational, to global.

Her work has appeared in journals such as *Nature Medicine*, *The Journal of Nutrition*, *The American Journal of Clinical Nutrition*, and *Global Food Security*, among others. She is also the co-author of the FAO-led report, “Illuminating Hidden Harvests: The Contributions of Small-Scale Fisheries to Sustainable Development” (FAO, Duke University, WorldFish, 2022). Her papers have been featured in several news outlets, including National Public Radio, and in podcasts such as the American Journal of Clinical Nutrition in Press (AJCN in Press).

Dr Byrd received her Ph.D. in Nutritional Biology from the University of California, Davis in 2016, an M.Sc. in Nutrition Science from California State University, Chico in 2006, and a B.Sc. in Biology from Hawaii Pacific University in 2004. Dr Byrd also served in the United States Peace Corps, in Uganda, from 2007-2009.